Mothers' Center of Fort Collins
Mothers Helping Mothers

1200 South Taft Hill Road · Fort Collins, Colorado 80521
Phone: 970/482-2253
Email: fcmotherscenter@yahoo.com
Website: www.motherscenterfc.org · National Website: www.motherscenter.org

Mothers' Center of Fort Collins Child Care mission is to provide care for your child or children in a fun, nurturing, safe environment so that you can enjoy programs offered by the Mothers' Center.

CHILDCARE GUIDELINES

- Please sign your child in completely: check-in sheet, name tag, label all personal items with child's name.
- No childcare is offered for children until they are six months of age *and* sitting up well.
- Children of all ages may accompany moms to programs at the Mothers' Center. If children in your care become disruptive, please remove them until they are comfortable to return. A host reserves the right to ask you to remove your child if they deem the child disruptive to the point of interfering with the program.
- Children sometimes cry. If we cannot comfort your child in 5 - 10 minutes, we will bring him to you. We will make every effort to make separation a positive experience for mom and child.
- Please write down on the check-in sheet of any special needs your child has- e.g. allergies or potty training needs.
- Before leaving your child in the nursery, please make sure your child has on a dry diaper. If your child has a soiled diaper while in childcare, workers will depending on the current childcare situation, either attend to his/her needs or contact you to allow you to do so.
- Please label all of your childs personal item to be left in the nursery-diper bags, sippy cups, clothing, comfort toy/blanket, etc. We are not responsible for items brought from home.
- When children are divided into groups, infants will remain in the nursery. We will go outside when weather AND staffing permits. Dress your child appropriately – coats, sunscreen, proper shoes, etc..
- Your child will be given apple juice and graham crackers unless you specify otherwise. Please do not bring other food into childcare. Exceptions can be made for children with allergies.
- Aggressive play, particularly gun play, is not encouraged. We will redirect children to another activity. If discipline issues develop, they will be handled as follows:

  (1) We encourage the "victim" to use his own words to tell the other child he doesn't like the behavior.

  (2) We redirect the child to another activity.

  (3) We give two or three time-outs, two minutes maximum, with the chance to try again.

  (4) If the problem persists, we assume the child is unhappy in childcare and return him to his parent. The child will be welcomed back when he feels ready.
- Please make every effort to get acquainted with the childcare workers. Remember, they are essentially babysitters paid directly by you, NOT employees. Although we will try to have some regular sitters on rotation, it may be another MC member in the nursery at this time.
- Parents are encouraged to bring their concerns directly to the Childcare Coordinator, *not* with the childcare workers.
- We reserve the right to decline childcare to any child.

Print Name _____

Signature _____ Date _____

Revised February 2008

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Childcare Rates and Health Guidelines

Childcare Rates For Members: All programs: $2 /child/hour.

Childcare Rates For Non-Members: All programs: $4/child/hour.

All committee meetings: $1 per child regardless of membership.

Becoming a Mothers' Center Member has benefits- and reduced childcare rate is one of them!

Please respect the need to RSVP in advance. To provide Child Care we need to guarantee that there will be at least 2 children in the childcare room for one worker and at least 5 children for a second worker. We require 24-hour notice of cancellation and reserve the right to charge the full fee if such notice is not given and/or the child(ren) arrive late. We reserve the right to decline care to any child for non-compliance with the above.

We are always looking for members to help in the Childcare Room, as a Childcare Provider on an as needed basis. You will be paid for your time. If you are interested in helping out, please contact our Care Provider Contact to be added to our on-call list. (See website for contact information at http://motherscenterfc.org/)

Health Guidelines for Childcare

Children with the following symptoms should not be in childcare:

- ☐ fever
- ☐ vomiting
- ☐ diarrhea
- ☐ sore throat
- ☐ green runny nose
- ☐ persistent cough
- ☐ pink eye
- ☐ contagious rash or rash accompanied by fever
- ☐ *Any* contagious illness

We reserve the right to decline childcare to any child.

Please note that these children generally should not be in the adult room either, due to the presence of infants. If you do need to bring a sick child into the adult room, he should stay with you and not wander around the room. Exceptions to this guideline can be made for physician - documented noninfectious conditions.

Print Name _____

Signature _____ Date _____

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